

School of

# Engineering and Computer Science

Te Kura Mātai Pūkaha, Pūrorohiko

## CYBR 171 T1 2023

Ngā whakapūtanga o Te Haumaruru rorohiko  
Cybersecurity Fundamentals

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**Week 9 - Social engineering: The whys**

# Problem

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We build systems that are vulnerable to *social engineering attacks*.



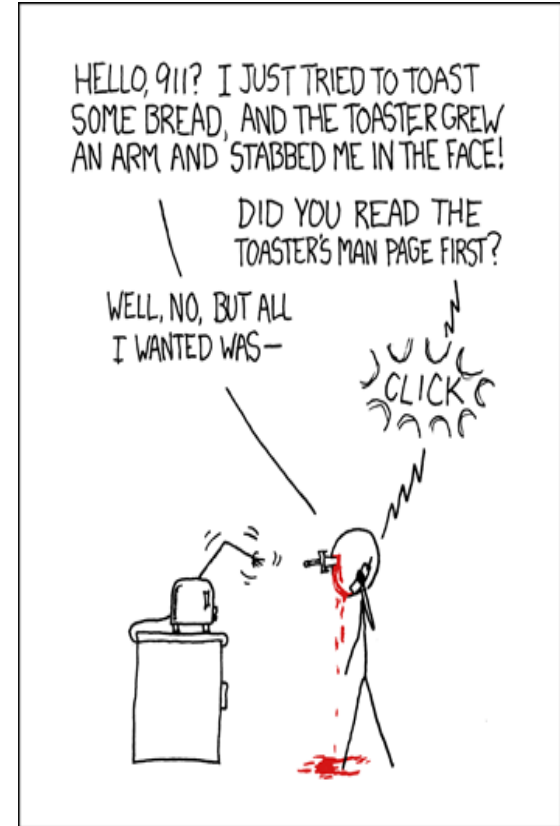
# WHY IS SOCIAL ENGINEERING SO **SUCCESSFUL**?

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# Why is social engineering successful?

Social engineering doesn't work because people are stupid or just follow the instructions.



# Why is social engineering successful? (cont.)

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Attackers exploit **cognitive** and **social biases** that are part of human nature.

# How can we **mitigate** the problem?

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- Understanding the biases can help us design mechanisms to protect the system.
- People are trusting requiring the need for:  
Operational security controls.  
i.e. how do you counter natural human impulses to be helpful?
- Variant on idea of educating users, works in highly structured organisations.
- Design of controls – insights from decision science and social psychology

# How can we mitigate the problem? (cont.)

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Idea originated with the military.

**Operational security ... minimise risk (limiting who knows) and control access (via training about the rules and **explaining the reasons** for the rules).**

Some measures:

1. limit access to information.
2. controls on who I discuss things with.
3. controls that specify that they have to prove who they are.
4. controls on how I can talk to them (means of communication)
5. controls on the protocol for responding to queries.
6. control the flow/disposal of information.



# COGNITIVE PSYCHOLOGY

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# Cognitive psychology

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- Cognitive psychology =  
experimentally based and field based  
insights into how individuals think,  
remember, make decisions and daydream
- “To err is human”

# Three main **types** of errors

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Insights from studies of machine operators:

1. Slips and lapses at the level of skills.
2. Mistakes at the level of rules (just a set of rules that you apply).
3. Mistakes at the cognitive level (related to view of understanding the world).

# Class 1 error

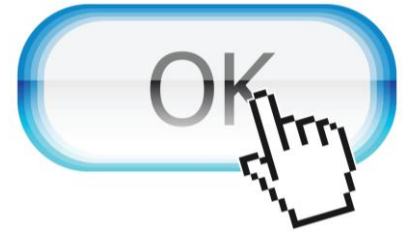
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Class 1 errors when we don't need to **think about practiced skills**. *Handy!* (e.g. riding a bike)

The OK button for example.

Downside. Inattention leads to a practiced action to be performed instead of the intended one.

We get are prone to **capture errors** and **post-completion** errors (e.g. ATMs).



# Class 2 error

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Class 2 errors when operator has to follow rules (e.g. phishing emails and the different indicators).

Downside. When overlapping rules and under pressure, may not choose **best** rule.

# Class 3 error

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Class 3 errors when an operator has to **apply a mental model** to choose what to do (e.g. they do not understand the technology).

Downside. When the mental model is wrong!

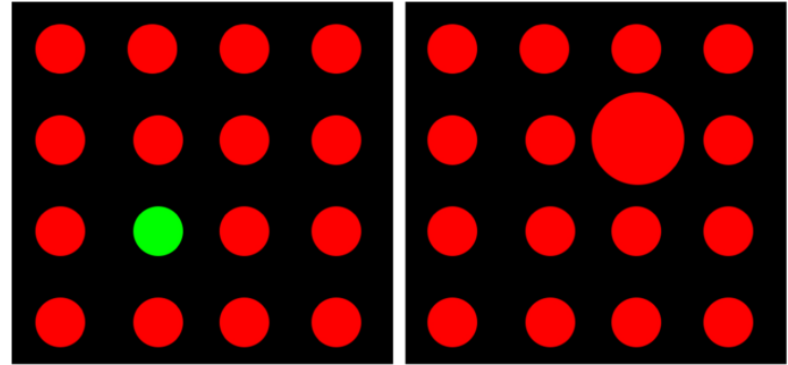


# Security warnings

Why do we ignore security warnings?

One aspect might be selective inattention.

<https://video.link/w/2C9d>



Selective Attention Test  
from Simons & Chabris (1999)



# DECISION SCIENCE

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# Decision science

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*Behavioural economics/decision science* =  
investigates decision making

We use heuristics, **not completely rational beings**

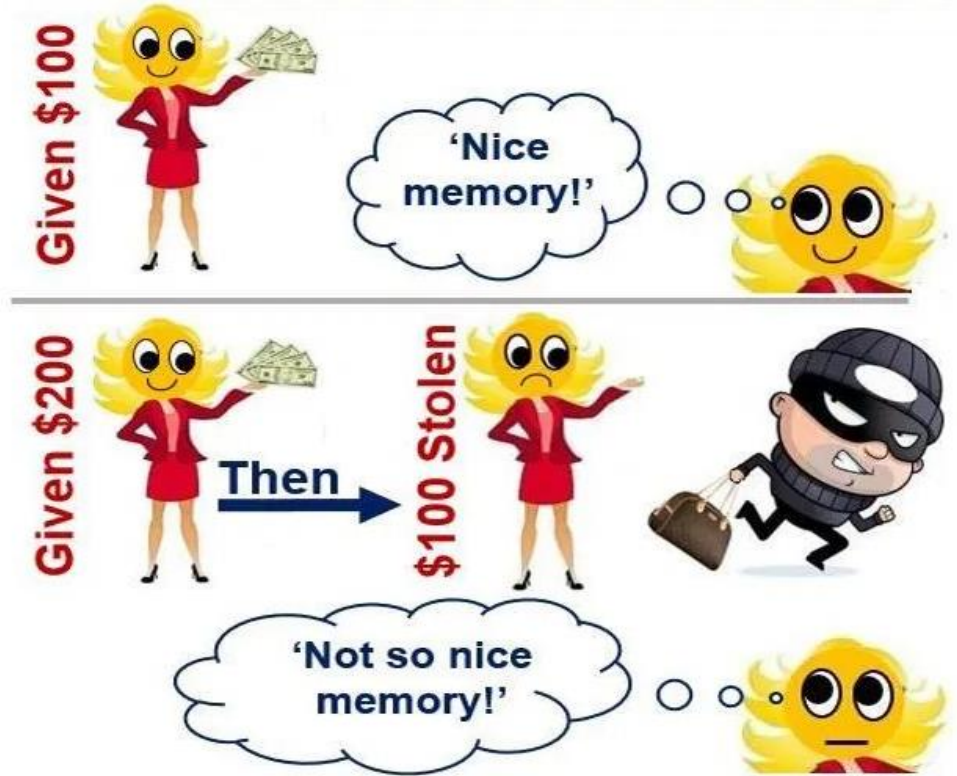


# Prospect Theory

X avoids losing \$100, Y wins \$100.

X is twice as happy as Y.

(Kahneman and Tversky)



# Prospect theory (cont.)

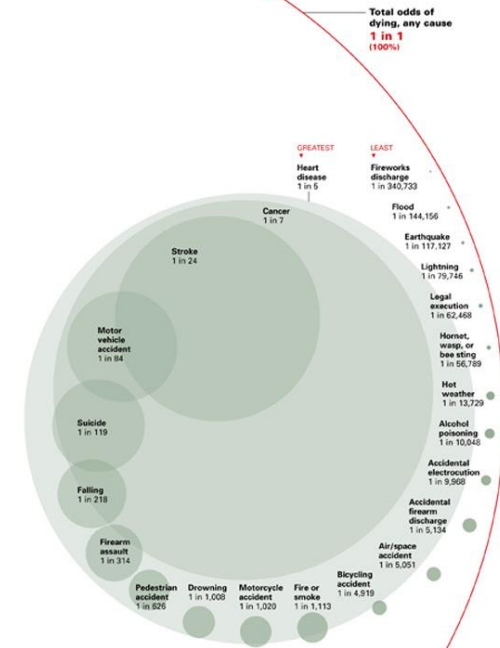


- More likely to take an action if it is *framed* as a gain rather than a loss.
- *Don't tell me how much it costs, tell me how much I save!*



# Risk Assessment

Attackers want us to **misjudge** potential risks and also misjudging potential risks can stop us from doing “sensible” things.



<https://www.kriha.de/blog6.html>

# Satisficing

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- When we are faced with a choice where the **risks** are hard to assess accurately we tend to go for the “**good enough**”.
- Keep those default security settings.



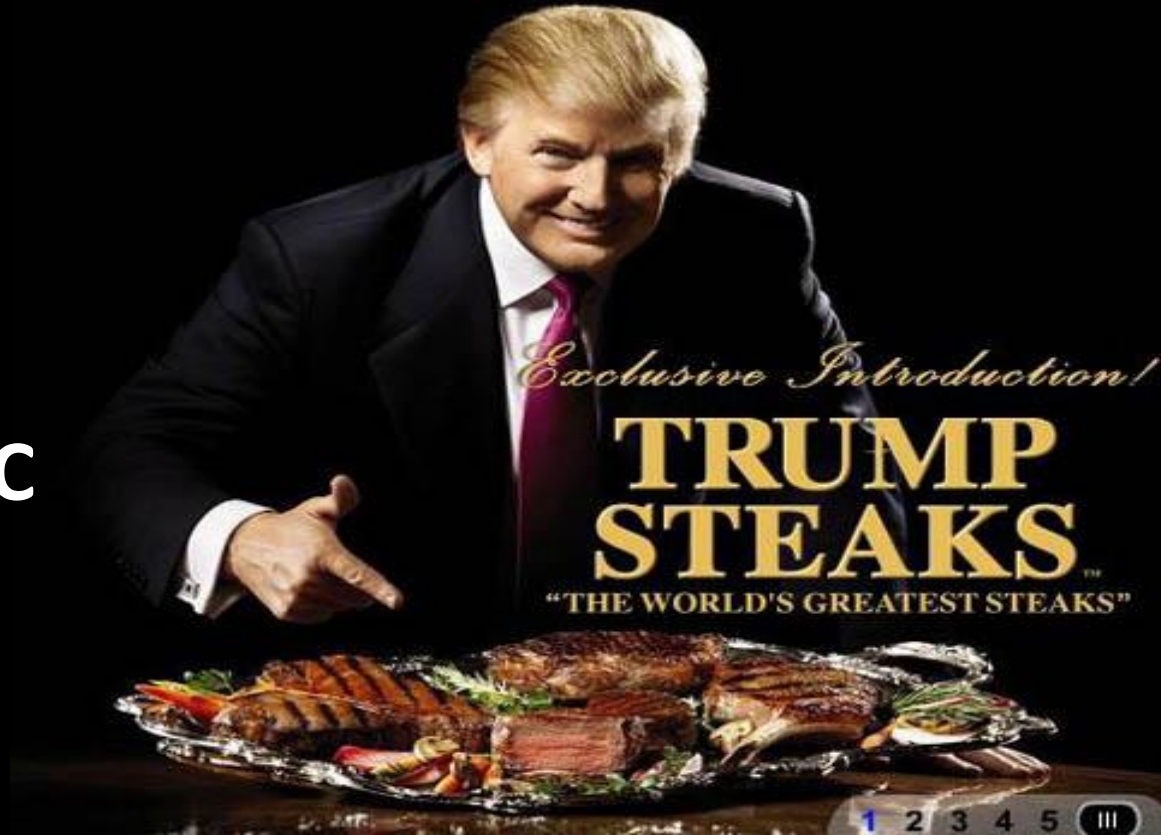
# Different aspects of mental processing

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- Minds composed of affective (“heart”) and cognitive (“head”) components.
- Social decision making uses heart and other decision making uses head.

# AFFECT HEURISTIC

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# Affect heuristic

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- Paul Slovic (emotion as an influencer).
- What matters more, your heart or your head when making decisions?
- Mental shortcut based upon fear, pleasure, surprise, etc.
- “How many dates did you have last month?” + “How happy are you with your life?”
- .66 correlation when dates question comes first.
- Indicates response shaped by emotion.
- Use by attackers who **include images of celebrities** in phishing emails or have them purport to come from someone you know and trust.

# Fundamental Attribution Error

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- People try to explain things by **intentionality** rather than by **situation**.
- Jones & Harris (1967)





# Fundamental Attribution Error (cont.)

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- Subjects read pro- and anti- Fidel essays.
- Rate writers on positive attitude to Castro.



# Fundamental Attribution Error (cont.)

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- BUT ... then told people assigned on a coin toss.
- Did it change ratings?
- NO!



# Fundamental Attribution Error (cont.)

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- Subjects ignore the situation.
- X would never send me a virus because their intentions are pure.
- Bit of a problem if they have been infected, suspend some vigilance.



# The “just world” hypothesis

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**“just world” hypothesis** – it cannot happen to me because I am a good person



# **SOCIAL** PSYCHOLOGY

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# Social psychology

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Social psychology =

explains the thoughts, feelings and behaviours influenced by the actual, imagined, or implied presence of others.

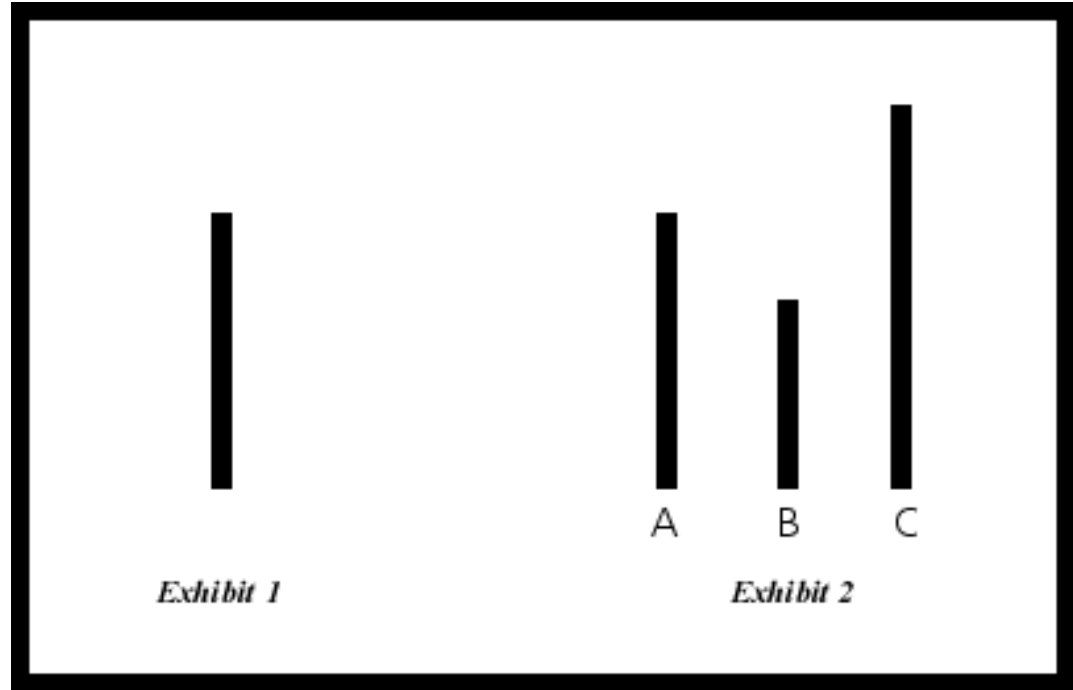
*Persuasion, prejudice, conformity!*

*With rise of social systems, attack vector.*

# Solomon Asch (1951)

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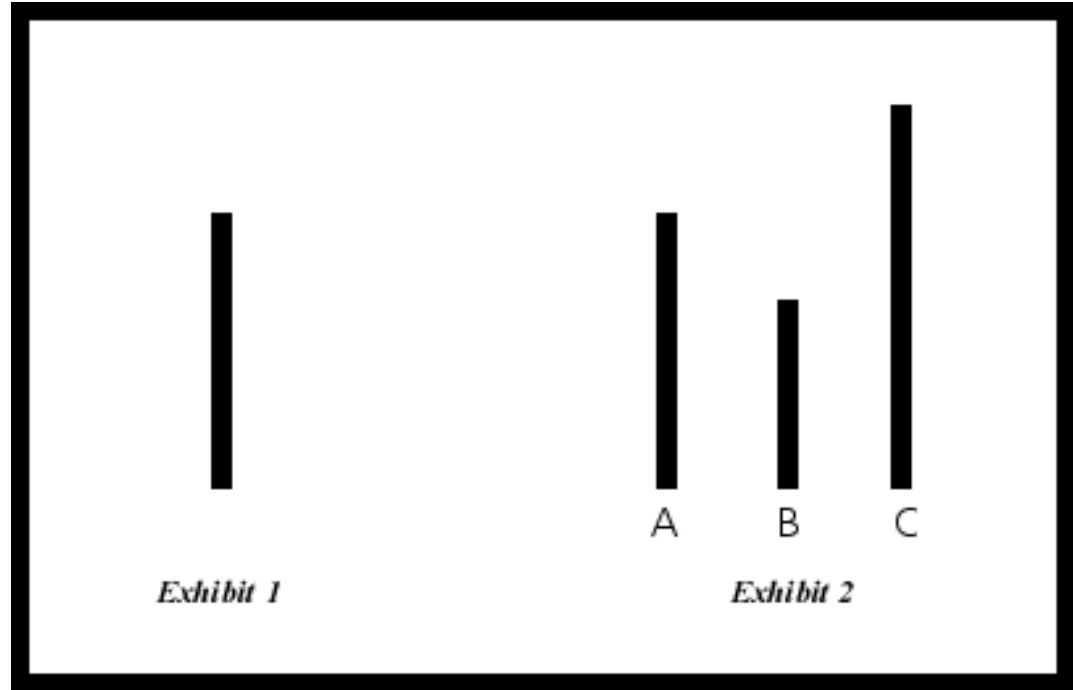
- People can be induced to deny the evidence of their senses in order to conform to a group.
- Choose closest matching length of the right.



# Solomon Asch (1951)

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- People can be induced to deny the evidence of their senses in order to conform to a group.
- **71% chose the closest matching length of the right.**





# Stanley Milgram (1960s)

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People will do immoral things and obey authority rather than their conscience.

Basic of pre-texting attacks



# Stanley Milgram (1960s)

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- Milgram polled fourteen Yale University senior-year psychology majors.
- Only 1.2 percent would inflict the maximum voltage.
- Also checked with his colleagues.

# Stanley Milgram (1960s)

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- When the experiment was run in the first test participants were given to option of opting out at any point.
- 26 out of 40 or 65% inflicted 450-volt shock.
- This relates to the Authority hack.

# Philip Zimbardo (1971)

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Normal people can behave wickedly in the absence of orders.

Experiment halted after **six days**.



# Cognitive dissonance

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- Once started why don't people stop?
- ***Cognitive dissonance theory.***
- Basically hoaxers know no-one wants to look like a dupe, most people are optimistic and most people follow social norms.
- Might explain why people who have made contact with fraudsters like the Bank Advance or Nigerian scams continue to get further into debt.

# Social engineering is so **powerful!**

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- Perhaps you can see now why social engineering is so powerful!
- Ross Anderson book ***Security Engineering*** has an unsettling example involving McDonalds.
- Combatting these problems could rely upon creating strong social norms amongst security professionals.

# What we covered

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- Why do people fall for social engineering?
- Cognitive psychology
- Decision science
- Social psychology

Excellent book – Ross Anderson, Security Engineering 2<sup>nd</sup> Edition

## Thursday

Guest Lecture – Sam Leggett (CERT)